

# Newsletter

The Greenways Partnership is a public-private partnership that provides creative programming which broadens user engagement with Indy Greenways, builds support for the system, and catalyzes further investment in Indy Greenways.



Indianapolis Greenways Press Conference

## INDIANAPOLIS GREENWAYS PARTNERSHIP

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## Greenways Partnership Work Recognized as “Best Practice”

We are pleased to share that the Indianapolis Greenways Partnership has been recognized by the **American Planning Association- Indiana Chapter** with their **Best Practice- Achievement in Planning Award** for our work on the 12-month pilot project. The award, recognizes best practices “for a specific planning tool, practice, program, project, or process that emphasizes results and demonstrates how innovative and state-of-the-art planning methods and practices help to create communities of lasting value.” Criteria used to evaluate the effort included:

- **Originality and innovation** — how the project presents a visionary approach or innovative concept to address specific needs.
- **Implementation and Transferability** — what steps have been taken to build momentum and public support and the potential for application by others.
- **Engagement** — how various public interests were involved and the extent of that involvement, including those who historically have been left out of the planning process., and demonstration of public and private support.
- **Effectiveness and results** — how the results have made a difference in the lives of the people affected and the potential for long-term benefit.

The award was supposed to be presented on March 17 at APA-IN’s spring conference in Bloomington, but the conference was cancelled.

“I am really excited for the Greenways Partnership to receive this award,” said Ron Taylor. “I think it is further validation of the great work we did during the pilot project and are continuing work we are doing to be ready for future programming on the greenways. We have created a blueprint that others can follow and that is part of the legacy established with the pilot project. Congratulations to all of our partners for this recognition!”

Check out our website for a video APA-IN created about each of their 2020 award winners.



# Virtual Art on the Greenways Bike Tour in Production

With the cancellation and delay in their normal bicycle art tours, the **Arts Council of Indianapolis** and **Bike Indianapolis** are working to produce a virtual bike tour of the White River Greenway. According to Julia Mune Moore, Public Art Director at the Arts Council of Indianapolis, filming began last week to create a “virtual public art bike tour experience using a GoPro, socially distanced conversation between 2 people, and a ton of video editing. I’m fairly sure we aren’t going to be doing live tours until at least August, so this can be used as a virtual Greenway experience until then.” In addition to the filmed narrative, Julia is working with Damon Richards, Executive Director of Bike Indianapolis to develop a GPS mapping component to provide specific route information and the location of public art along the White River Greenways, the Central Canal Towpath and parts of the downtown pedestrian network. Additional information about the release date and links for the virtual tour will be sent out to all partners once available.

*For additional information, please contact Julia Mune Moore at [jmoore@indyarts.org](mailto:jmoore@indyarts.org). You can also learn more about Bike Indianapolis at [bikeindianapolis.org](http://bikeindianapolis.org).*



## A Safe Start to Summer - Working Together to Reopen Indianapolis

The **Marion County Public Health Department** and the City of Indianapolis continue to develop policies and procedures to help contain the spread of the Covid-19 virus. Organizing data and keeping everyone informed has become a large effort for the Department. As the City begins to open up, the Department has adopted a very cautious approach and promoting the safe health practices that follow the CDC and State Health Department guidelines. It is recommended to limit exposure as much as possible. Once people start to get comfortable and loosen their restrictions, best practices will be crucial to maintain a safe environment.

In the meantime, MCPHD encourages trail users to use safe practices if using the trails. Below is some guidance from the National Recreation and Parks Association:

- Follow CDC’s guidance on personal hygiene prior to heading to trails — wash hands, carry hand sanitizer.
- Do not use trails if you have symptoms, cover your mouth and nose when coughing or sneezing, etc.
- Observe at all times CDC’s minimum recommended physical distancing of six feet from other people.
- Warn other trail users of your presence and as you pass to allow proper distance and step off trails to allow others to pass, keeping minimum recommended distances at all times. Signal your presence with your voice, bell or horn.
- Be respectful of other users.

*For additional information, health updates, and status of current advisories, please visit the Health Department’s website at: [MarionHealth.org](http://MarionHealth.org)*

*The City has recently released “A Safe Start to Summer---Working together to reopen Indianapolis” which can be viewed at: [A Safe Start to Summer Poster](#).*



# Eskenazi Health Developing Virtual Walk with a Doc Program

March 28 was supposed to be the relaunch of our **Walk with a Doc** program with our new program partner **Eskenazi Health**. With nearly all of Eskenazi Health's public programming on hold due to the current Covid-19 pandemic, the initial three walks have been cancelled and the team is currently trying to understand the public health timelines of when these programs can resume. Last week, Eskenazi Health and the three physicians who are leading the program, **Dr. Carrie Leathers, Dr. Carlos Venis, and Dr. Daniel Pino**, met to discuss options and potential strategies for creating virtual walks. The group discussed the potential procedures for producing video conversations and editing into a format that could be accessed by the public. The group also discussed several additional ideas about the virtual aspect of the program, the ability to promote the new Walk with a Doc program, reinforce safe walking practices, as well as the opportunity it provides for a more personal introduction to the physicians who will be leading the walks. The goal is to have the first virtual Walk with a Doc program ready to go live in June. In addition, the group is also working on a virtual event to occur during Pride Month. More information will be shared with everyone once it is developed.

*For additional information, please contact Leroy Lewis at [Leroy.Lewis@eskenazihealth.edu](mailto:Leroy.Lewis@eskenazihealth.edu), or Courtney Fehrenbacher [Courtney.Fehrenbacher@eskenazihealth.edu](mailto:Courtney.Fehrenbacher@eskenazihealth.edu) of Eskenazi Health.*



## Jump IN for Healthy Kids for 5-2-1-0 Health Walk Eyes Fall Return

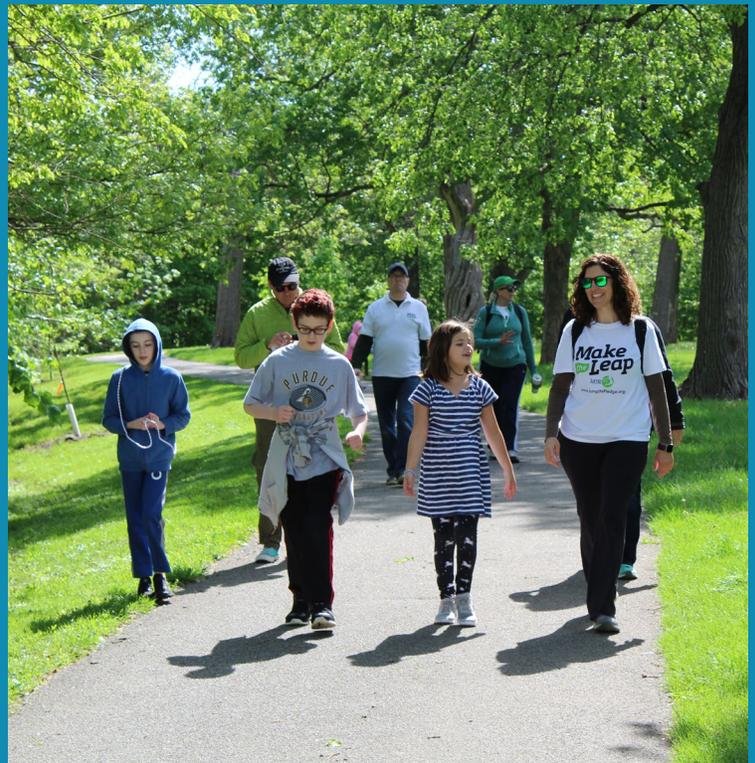
**Jump IN for Healthy Kids** is a community-wide, multi-sector effort to give children and families real opportunities to make healthy choices. Jump IN is implementing several evidence-based strategies to address the complex causes of childhood obesity. 5-2-1-0 is part of that strategy.

5-2-1-0 is a simple slogan created by our colleagues at Let's Go! in Maine to help parents, childcare providers, youth leaders, healthcare providers, business leaders, politicians, and others remember four important healthy living recommendations:

- Consume 5 or more fruits and vegetable servings
- Limit recreational screen time to 2 hours or less
- Get 1 hour of physical activity
- Drink 0 sugar-sweetened beverages

Last year, we held our first **5-2-1-0 and the Outdoors: A Family Walk with Jump IN for Healthy Kids**, a 60-minute walk along the Pleasant Run Greenway at Garfield Park. Led by a local dietician, this fun walk included brief stops for light physical activities, games, as well as lessons about healthy eating. According to **Megan McKinney Cooper**, Communications Director at Jump IN for Healthy Kids, the group would like to begin planning for a new 5-2-1-0 themed walk in October.

*For more information, please contact Megan McKinney Cooper at [Megan.McKinneyCooper@jumpinhealth.org](mailto:Megan.McKinneyCooper@jumpinhealth.org).*



# Providing Opportunities for Seniors

This year, **CICOA Aging and In-Home Solutions** has been focusing on trying to align more of the Greenways Partnership's programs with the facilities they serve. Last year, we hosted a **CICOA Health Walk with a Dietitian** at Nora Commons, one of their serviced facilities along the Monon Trail in Nora. Nearly 20 residents joined us for a one-mile walk to specifically talk about healthy walking for seniors. This year, **CICOA Aging and In-Home Solutions** partnered with **Eskenazi Health** to align many of the new **Walk with a Doc** programs near CICOA-serviced facilities, with one walk, originally scheduled for June, to take place at Nora Commons. During this walk, we heard many comments from residents on how much they appreciated an opportunity to take an organized walk on the Monon Trail. We are currently looking at potential dates to reschedule the Walk with a Doc at Nora Commons as well as looking at other potential opportunities for senior programming at Nora Commons and other similar facilities.

For additional information, please contact Dan Amonett at: [damonett@cicoa.org](mailto:damonett@cicoa.org).



# Fostering New Connections

The Indianapolis Greenways Partnership is continuing to develop working partnerships and coordination with key community groups and potential partners. Recently, we have been focusing on developing stronger connections with a couple of groups that have ties to the Partnership or its numbers.

For the past several months, we have been in discussions with **Reconnecting to our Waterways (ROW)**, a collective impact initiative that has worked purposefully since 2012 to change the quality of life and ecology along Indianapolis waterways and surrounding neighborhoods. In 2018 during our pilot project, we partnered with ROW on the **Pogues Run Waterway Photography Competition** and several of the competition's associated events. Given the overlap of Indy's waterways and the greenways, there are overlaps that lend to creative and strategic partnering. **Megan McKinney Cooper** from our community partner **Jump IN for Healthy Kids** serves on ROW's Steering Committee and discussions are underway to have **Ron Taylor** join their steering committee specifically representing the Greenways Partnership. We are continuing to work with ROW to develop our working relationship and define ways the two organizations can collaborate on future programs.

We have also been working to develop stronger connections with the **Indianapolis Greenways Development Committee**, a legal advisory group that advises the Board of Indianapolis Department of Parks and Recreation to encourage use, preservation and improvement of the Indianapolis greenways with regard to present and future operations, development, recreation and its natural environment. The Board is comprised of fifteen members- five appointed by the Parks Department, five appointed by the City Council, and five appointed by the Mayor's office. The Committee is chaired by **Ron Taylor** from the **Greenways Partnership** and includes **Julia Muney Moore** from the **Arts Council of Indianapolis** as well as many other potential program partner organizations. During the pilot project, representatives assisted with three of the Pack the Parks events and prior to the Covid-19 outbreak, was working on additional programming for 2020. The Committee meets bi-monthly and in 2020 has expanded their programming from Pack the Parks to also include combining their meetings with nighttime programs on the greenways. We hope to use the resources of this Committee to expand programming on the greenways once restrictions are lifted.

For more information, please contact Ron Taylor at [rtaylor@tswdesigngroup.com](mailto:rtaylor@tswdesigngroup.com).



# Indy Parks Programming Update

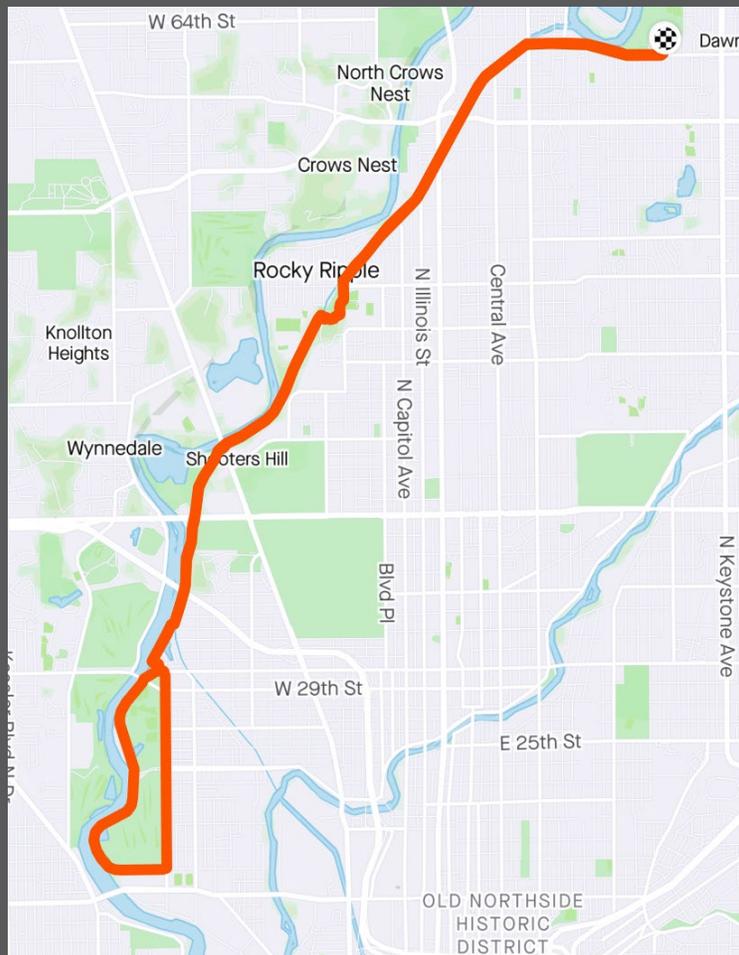
After a tremendous amount of consideration, **Indy Parks** has cancelled our 2020 Pack the Parks day. As one of our most popular events, the decision was not made lightly and was a coordinated decision between **Indy Parks** and the **City of Indianapolis** in consultation with the **Marion County Department of Public Health**. We look forward to the return of Pack the Parks in 2021.

Many of our programs, including our celebration programs for the Indianapolis bicentennial, continue to be on hold as we try to finalize our approach to restarting our programs and the timing. **Indy Parks** is coordinating with the **City of Indianapolis** in consultation with the **Marion County Department of Public Health** to determine the timing and scope of restarting. The target date for opening summer programs is May 29.

**Indy Parks** will be starting a cycling club this year to be known as the **Circle City Cycling Club**. We're holding our inaugural ride on June 13th. It will leave from Broad Ripple Park and ride down to Riverside via the canal tow path and then head back to Broad Ripple. Here are a couple links with more information. Broad Ripple Ride: [activecommunities.com/indyparks](https://activecommunities.com/indyparks).

We are also accepting annual registrations for \$25/person. You can find more information on that via this link: [activecommunities.com/indyparks/](https://activecommunities.com/indyparks/).

**For more information, please contact Megan Bolton at [Megan.Bolton@indy.gov](mailto:Megan.Bolton@indy.gov). For more information on the Circle City Cycling Club, please contact Joshua Lane at [Joshua.Lane@indy.gov](mailto:Joshua.Lane@indy.gov).**



# Art on the Greenways: The Millersville Marker

Located along the Fall Creek Greenway at 5595 E. Fall Creek Parkway N, the Millersville Marker is a neighborhood sculpture depicting the spirit and history of the Millersville area.

According to the **Arts Council of Indianapolis'** Indy Arts Guide, "after their discussions with the Millersville neighborhood, artists Amy Brier and Sharon Fullingim found that residents frequently conveyed the importance of the incorporation of a mill wheel element: a nod to the area's history. Limestone was selected as the material because it is the artists' specialty. The artwork design recalls this history with the inclusion of partial mill wheel forms at the top of each of three adjacent upright pillars. A life-sized, three-dimensional, red-tailed hawk in cast bronze adorns the tallest upright to refer to the wildlife seen near the site. Each pillar also has one carved side and one side with the natural limestone face. The carved sides have detailed motifs featuring symbols of the area: birds, wheat, and the flowing water of Fall Creek. Each upright is "pierced" with shaped openings to allow light to flow through them."

"Amy Brier lives in Bloomington, Indiana. She is a professional sculptor, trained in traditional carving techniques in Italy and with experience working on St. John the Divine Cathedral in New York City. She has executed many public sculptural projects in Indiana. Learn more about Brier at <http://www.amybrier.com>."

"Sharon Fullingim lives most of the year in Socorro, New Mexico, and is both a stone carver and bronze caster. She is a Signature Member of the Society of Animal Artists, and is the Director and lead carver for the Indiana Limestone Symposium held each summer in Ellettsville, IN. Learn more about Fullingim at <http://www.fullingimstudio.net/>."

**For more information about other art on the greenways, check out the Art Council's online directory at <https://www.indyartsguide.org/public-art/>.**



# PRELIMINARY 2020 PROGRAMMING SCHEDULE

Updated May 21, 2020

## April 2020

- **Walk With a Doc on the White River Greenway** - April 25, 2020, 9:00 am- Downtown, departs from Eskenazi Hospital front courtyard. **CANCELLED**

## May 2020

- **Walk With a Doc on the Monon Trail** - Friday, May 22, 2020, 1:00 pm- Nora Commons **CANCELLED**
- **Riverside Park Master Plan and Riverside Golf Course Walking Tour** - Wednesday, May 20, 2020, 6:00 pm- Riverside Park along the White River Greenway. Hosted by Indy Parks and the Indianapolis Greenways Development Committee. **CANCELLED**

## June 2020

- **NEW: Circle City Cycling Club Inaugural Bike Ride- June 13, 2020**
- **PACK THE PARKS DAY 2020** - June 27, 2020 **CANCELLED**
  - **History of Park Planning in Indianapolis Bike Tour** (White River Greenway, Riverside Park, White River State Park, White river Promenade)- June 27, 2020, 10:00 am **CANCELLED**
  - **Walk With a Doc on the Pleasant Run Greenway** - June 27, 2020, 9:00 am- Garfield Park.
  - **Family Bike/Tour of the Fall Creek Greenway** - June 27, 2020- 4:00 pm

## July 2020

- **Art on the Greenways: Bike Tour of New Works along the Pleasant Run Greenway.** Wednesday, July 15, 2020, 6:00 pm- Ride begins at Garfield Park Arts Center. Co-hosted by Indy Parks and the Indianapolis Greenways Development Committee.
- **Walk With a Doc** - July 25, 2020, Time TBD- Northwestway Park

## August 2020

- **Indy Greenways Mini-Ragnar Relay Race** - August 15, 2020, Time and Location TBD
- **Walk With a Doc on the Eagle Creek Greenway** - August 22, 2020, Time TBD- 56th Street Trailhead
- **Pogues Run Photography Competition (NEAR)**

## September 2020

- **Bike Tour of Pogues Run Greenway and Spades Park.** Wednesday, September 16, 2020, 6:00 pm- Ride begins at the City County Building downtown. Co-hosted by Indy Parks and the Indianapolis Greenways Development Committee.
- **Walk With a Doc on the Grassy Creek Greenway** - September 26, 2020 Time TBD. Grassy Creek Park.
- **Pogues Run Bike Ride- Hosted by NEAR**

## October 2020

- **Walk With a Doc on the Pogues Run Greenway** - October 24, 2020 Time TBD. Location TBD.

## November 2020

- **November Walk With a Doc- November 28 (Thanksgiving weekend)**

## December 2020

- **Third Annual Winter Solstice Walk and Celebration** - Friday, December 18, 2020, 6:00-10:00- Pennsy Trail
- **December Walk With a Doc - December 26 (Christmas weekend)**

## August 2021 Events

- **Indy Greenways 50-mile Ragnar Relay Race** - August 2021, Time and Location TBD